

Danish National Mountainbike League

**SRAMLIGA round 5**

**Sep. 10/11 2016**

Technical Guide

August 2016



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## **1 Statement**

As representative of the organizing staff for Round 5 of the SRAMLIGA 2016, I hereby declare, that the race described in present technical guide, shall be run under the UCI regulations.

Sincerely,

Per Mikkelsen  
SRAMLiga

## **2 General specifications**

### **2.1 Race organization**

Mountain Club Vejle, MCV, will organize the race. MCV is registered under the Danish Cycling Association as an elite cycling club. The club has hosted other national cross-country mountain biking events.

Race organizer: Rasmus Pode Jørgensen  
Mobil: 40582969  
formand@mcv.dk

Race leader1: Per Mikkelsen  
Mobil: 60197634  
info@mtbliga.dk

### **2.2 Race type and classification**

The race is a cross-country mountain bike race, and will follow the UCI requirements of a cross-country olympic (XCO) race.

The race will be categorized as a Class 1 (C1) race in accordance with UCI regulations.

### **2.3 Rider categories**

The race will have starts for both UCI regulated rider categories, as well as riders in categories regulated by the Danish National Cycling Association (DCU).

#### ***UCI rider categories:***

Men Elite\*

Women Elite\*

Men juniors (U19)

Women juniors (U19P)

\* Under 23 Men Elite and under 23 Women Elite respectively will not have a separate start. Under 23 riders will be indicated in the results list.

#### ***DCU rider categories:***

Men B

Men C

Men H40 (age 40 and above)

Men H50 (age 50 and above)

Women B

Women +40 (age 40 and above)

U17/U17P (age 15-16)

U15/U15P (age 13-14)

U13/U13P (age 11-12)

U11/U11P (age 9-10)

## 2.4 Points scales

The UCI rider categories will be awarded points in accordance with UCI regulations, annex 2 UCI MTB XCO points:

The DCU rider categories will be awarded points in accordance with the Danish National Cycling Regulations.

The UCI rider categories will also be awarded points in accordance with the DCU regulations, and will be recorded in the standings for all DCU mountain bike races in 2016.

## 2.5 Pricelist

UCI rider categories will be awarded cash prizes in accordance with UCI regulations (prizes are in euro).

<b>M Elite</b>	<b>W Elite</b>	<b>JuniorM</b>	<b>JuniorW</b>
399	399	78	78
318	318	60	60
240	240	48	48
198	198	39	39
159	159	33	33
120	120	27	27
99	99	24	24
78	78	18	18
60	60	15	15
39	39	12	12
33	33		
33	33		
33	33		
33	33		
33	33		

DCU rider categories will be awarded cash prizes and gifts in accordance with DCU regulations.

### 3 Specific race information

#### 3.1 Race venue

The race venue is located in Vejle. The address for the race venue is:

Vejle Idrætsefterskole  
Ørnebjergvej 28  
7100 Vejle  
Denmark

#### 3.2 Race program

The race will take place on Sep. 10/11, 2016.

##### **Practice is allowed on the track:**

XCO U/11-U/13P  
Friday the 9<sup>th</sup>/ 01.00 PM– 03.00 PM

XCO  
Friday the 9<sup>th</sup>/ 03.00 PM – 05.00 PM  
Saturday the 10<sup>th</sup>/ 03.00 PM – 05.00 PM, Number plate required

##### **Collection of start number and entry pass for feed-/tec-zone**

*Distribution of numbers, entry pass and after enrolment will take place in the tent of registration in the finish area.*

**Saturday** the 10<sup>th</sup>/ 10.00 AM – 04.00PM, **Registraion**

**Sunday** the 11<sup>th</sup>/ 08.00 AM – 10.30 PM, **Registraion**

**Saturday** the 10<sup>th</sup> sep.

10.00 AM – 04.00PM Route showcasing for U11 – U17

05.00PM Team managers meeting

### Race programme Saturday and Sunday

<b>Saturday 10<sup>th</sup> Sep.</b>	Starting time	Rute	Laps	Start Box	Estimated time of race
<b>START 1</b>					
Boys U/11	12.00	Short		Box 2	30 min.
Girls U/11P	12.03	Short		Box 4	30 min.
Girls U/13/P	12.04	Short		Box 5	35 min.
<b>START 2</b>					
Boys U/17	13.00	Complete		Box 1	60 min.
Boys U/15	13.01	Complete		Box 2	45 min.
Boys U/13	13.02	Complete		Box 3	45 min.
Girls U17P	13.03	Complete		Box 4	40 min.
Girls U15P	13.04	Complete		Box 5	40 min.
Tecnical skills competition for youth class	14.00 - 15.30				
<b>START 3</b>					
Mens open class	14.15	Complete		Box 1	60 min.
Womens open class	14.16	Complete		Box 2	60 min.
<b>Prize Award Ceremony</b>	16.30				
<b>Sunday 11<sup>th</sup> Sep.</b>					
Class	Starting time	Rute	Laps	Start Box	Estimated time of race
<b>START 1</b>					
M40	10.00	Complete		Box 1	75 min.
M50	10.02	Complete		Box 2	75 min.
<b>START 2</b>					
Men B	11.45	Complete		Box 1	75 min.
Men C	11.47	Complete		Box 2	75 min.
<b>START 3</b>					
Elite W	13.30	Complete		Box 1	90-105 min.
Junior W	13.30	Complete		Box 2	60-75 min.
Women +40	13.32	Complete		Box 3	60 min.
Women B	13.32	Complete		Box 4	60 min.
<b>START 4</b>					
Elite Men	15.15	Complete		Box 1	90-105 min.
Junior M	15.15	Complete		Box 2	60-75 min.
Prize Award Ceremony	Will be announced after the race				



\*Notice that Junour Women start at the same time as Elite women. However, they start in a stall placed behind the first.

\*Notice that Junior Men start at the same time as Elite Men. However, they start in a stall behind them. The start order is the following order, as mentioned above. If nothing else appears in brackets, then the class starts 3 minutes after the previous start.

Sign up closes 30mins before your start time.

### **3.3 Registration procedure**

Riders can preregister for the event online through the *SRAMLIGA* homepage. The *SRAMLIGA* homepage can be found at the Internet address [www.sramliga.dk](http://www.sramliga.dk)

At the online registration only which mobil pay or credit card payments of starting fees are possible.

Registration is also possible race day where riders can register at the race office. At race day cash and credit card payments of starting fees are possible.

### **3.4 Rider accreditation**

Rider accreditation takes place at the race office, which is located at the start/finish area. For rider accreditation times please see section 3.2, Race program.

All riders will receive a race number plate, which must be placed on the handlebar of the bike, and number for the back of the riders.

Riders holding their own AMB type-timing chip must present their chip at the rider accreditation, as the chip code (Tag Id) will be checked.

Riders not holding their own AMB type-timing chip will be appointed a chip.

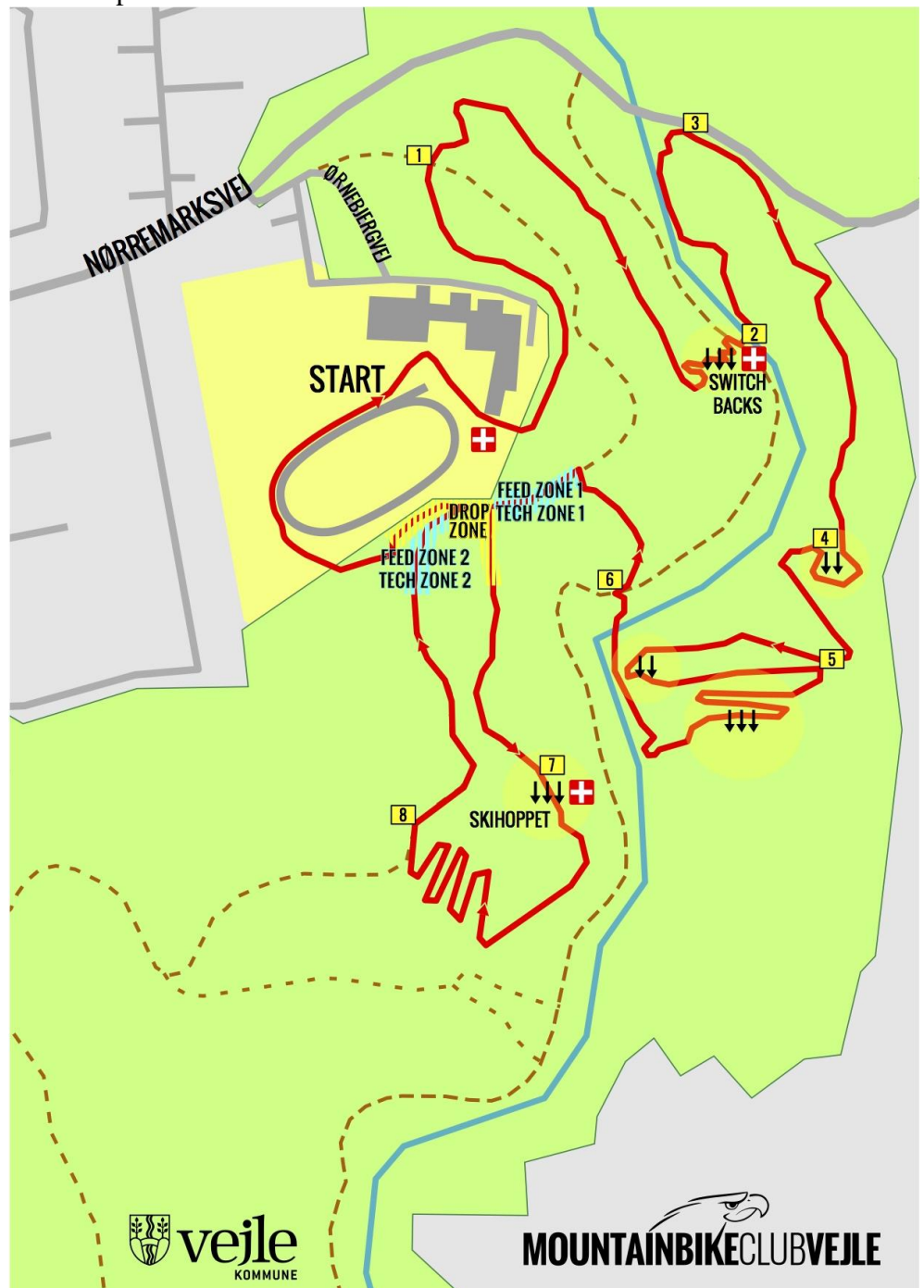
All riders must pass the AMB chip check, to confirm the rider information's is correct.

It's the rider's answer that it's correct information's.

All riders entering UCI or DCU regulated rider categories must present a valid UCI license at the rider accreditation. Riders who cannot present a valid UCI license will not be permitted to start.

### 3.5 Course description

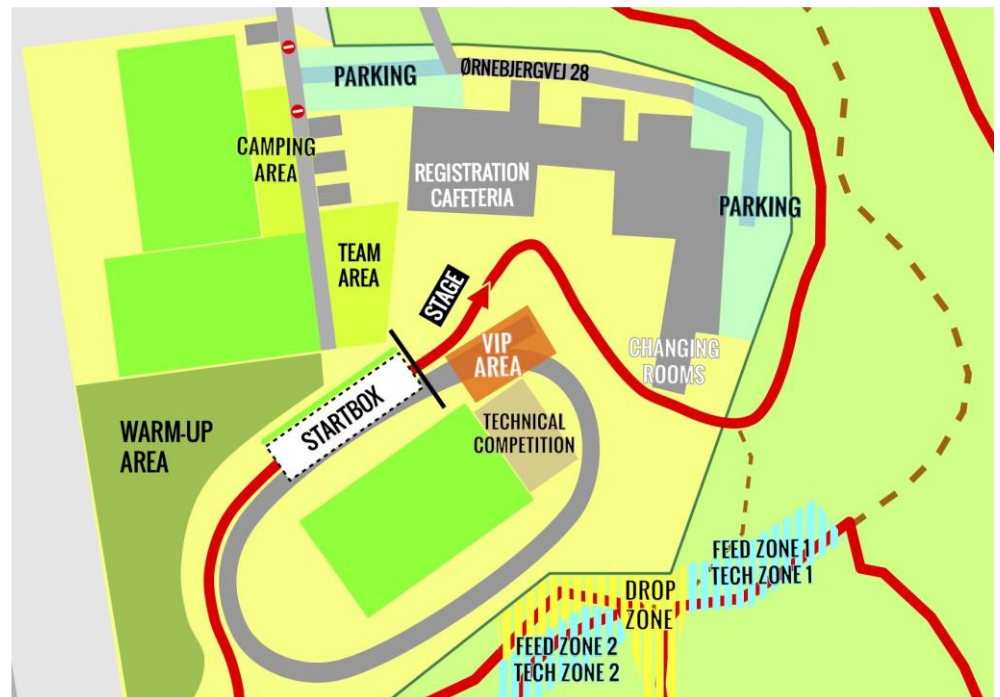
The course in Nørreskoven is based on a 5.6km circuit and has app. 180 meters of climbing each lap, in beautiful forest surroundings. The track is a mixture of challenging single-track, forest path and gravel roads. There are high-speed tracks, which gives ground for high speed overtaking. The riders will ride pass the start/finish area one time each lap.



### 3.6 Start/finish area

The start/finish area is located at:

Vejle Idrætsefterskole  
 Ørnebjergvej 28  
 7100 Vejle  
 Denmark



There will be a start loop of approximately 500 meters, which leads the riders from the start/finish area back unto the course. The start loop will only be ridden once for each start.

### 3.7 Start procedure and timing

The riders will be started in groups according to the respective rider categories. UCI commissars will conduct and determine the final starting procedure.

The race will be timed using precise electrical timing equipment. Each rider is assigned a personal timing chip (Tag), which is registered each time the rider crosses the finish line after each completed lap.

### 3.8 Feed and technical zone

There will be a feed and technical zone located near the start/finish area. There will also be a feed and technical zone half way of the course.

The feed and technical zone will be clearly marked with signs, written in both Danish and English, and there will be entrance pass.

### **3.9 Course marshals and medical assistance**

Marshals will be positioned at specific locations along the course, to assure the safety of the riders and spectators. All marshals will be equipped with first aid kit and radio and cell phone communication to acquire medical or other assistance.

Trained medical staff will be located at the start/finish area and at specific locations along the course. The medical staff will be in direct contact with marshals along the course and with the medical response coordinator located in the race office at the start/finish area.

The nearest hospital is located 3,4 km away at Kabbeltoft 25, 7100 Vejle.

### **3.10 Award ceremonies**

Award ceremonies will take place at the awards podium located at the start/finish area.

Award ceremonies will be held immediately after each individual race start is completed, taking into account the necessary time for riders to participate in possible doping testing.

### **3.11 Anti doping tests**

Facilities for anti doping testing will be available at:

Vejle Idrætsefterskole  
Ørnebjergvej 28  
7100 Vejle  
Denmark

Located at the start/finish area.

### **3.12 Arrival information**

The race venue is located in Vejle.

The address for the race venue is:

Vejle Idrætsefterskole  
Ørnebjergvej 28  
7100 Vejle  
Denmark

The race course is placed in the North of Vejle in the forest.

From the main north/south motorway E45 up through Jutland, there are only 3 kilometres along main roads to the race venue.

The main train station is located in the centre of Vejle, from where the race venue can be reached by public bus line. The distance to the city centre is only 4 kilometres.

The closest regional airport is Billund Lufthavn located 50 kilometres northeast from Vejle.

### **3.13 Parking**

Parking will be available at the start/finish area at Vejle Idrætsefterskole, Ørnebjergvej 28

### **3.14 Changing rooms and showers**

Changing rooms and showers will be located at the race venue.