

Danish National Mountainbike

# **Race Days Kolding**

## **Aug. 12.2018**

Technical Guide

August 2018

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## **1 Statement**

As representative of the organizing staff for Race Days Kolding 2018, I hereby declare, that the race described in present technical guide, shall be run under the UCI regulations.

Sincerely,

Per Mikkelsen  
Race Days

## **2 General specifications**

### **2.1 Race organization**

The race will be organized by Racing Kolding. RK is registered under the Danish Cycling Association as an elite cycling club. The club has hosted other national cross country mountain biking events.

Race organizer: Per Mikkelsen  
Mobil: +4560197634  
race@racingkolding.dk

Race leader1: Per Mikkelsen  
Mobil: +4560197634  
race@racingkolding.dk

### **2.2 Race type and classification**

The race is a cross-country mountain bike race, and will follow the UCI requirements of a cross-country olympic (XCO) race.

The race will be categorized as a Class 1 (C1) race in accordance with UCI regulations.

## **2.3 Rider categories**

The race will have starts for both UCI regulated rider categories, as well as riders in categories regulated by the Danish National Cycling Association (DCU).

### ***UCI rider categories:***

Men Elite\*

Women Elite\*

Men juniors (U19)

Women juniors (U19P)

\* Under 23 Men Elite and under 23 Women Elite respectively will not have a separate start. Under 23 riders will be indicated in the results list.

### ***DCU rider categories:***

Men B

Men C

Men H40 (age 40 and above)

Men H50 (age 50 and above)

Women B

Women +40 (age 40 and above)

U17/U17P (age 15-16)

U15/U15P (age 13-14)

U13/U13P (age 11-12)

U11/U11P (age 9-10)

## 2.4 Points scales

The UCI rider categories will be awarded points in accordance with UCI regulations, annex 2 UCI MTB XCO points:

The DCU rider categories will be awarded points in accordance with the Danish National Cycling Regulations.

The UCI rider categories will also be awarded points in accordance with the DCU regulations, and will be recorded in the standings for all DCU mountain bike races in 2018.

## 2.5 Pricelist

UCI rider categories will be awarded cash prizes in accordance with UCI regulations (prizes are in euro).

<b>M Elite</b>	<b>W Elite</b>	<b>JuniorM</b>	<b>JuniorW</b>
600	600	130	130
500	500	100	100
400	400	80	80
300	300	65	65
250	250	55	55
200	200	45	45
150	150	40	40
125	125	30	30
100	100	25	25
50	50	20	20

DCU rider categories will be awarded cash prizes and gifts in accordance with DCU regulations.

## **3 Specific race information**

### **3.1 Race venue**

The race venue is located in Kolding. The address for the race venue is:

Kolding Gymnasium  
Skovvangen 10  
6000 Kolding  
Denmark

### **3.2 Race program**

**Program – Lørdag / Program - Saturday**

08:30 – 16:00 Registration desk open  
08:00 – 11:00 The trail closes for training

Technical training starts at 10.00 am for start 1 riders and 11.15 am for start 2 riders

11:00 – 17:00 Training for all adult classes (Remember the license plate)  
17:00 Team managers meeting

	<b>Start tid / Time</b>	<b>Time min.</b>	<b>Antal omg. / Laps</b>	<b>Startbox</b>
<b>Start 1 (short track)</b>				
U13	08.30	45 min.		1
U13P	08.32	45 min.		2
U11	08.34	30 min.		3
U11P	08.36	30 min.		4
U9	08.36	20 min		5
U9P	08.36	20 min		6
<b>Start 2</b>				
U17	09.30	60 min.		1
U15	09.32	45 min		2
U17P	09.34	60 min.		3
U15P	09.34	45 min		4
<b>Start 3 XCM</b>				
1 omg. / lap	10.45	90 min.	1	1
2 omg. / lap	10.45	190 min	2	1
3 omg. / lap	10.45	290 min.	3	1
Teknik gennemgang st. 1. <i>Technical review st. 1</i>	09.45			
Teknik gennemgang st. 2. <i>Technical review st. 2</i>	11.00			
Teknik Start 1 <i>Technical start 1</i>	10.00			
Teknik Start 2 <i>Technical start 2</i>	11.15			
<b>Podie/Podium B&amp;U</b>	13.15			
<b>Podie/Podium XCM</b>	15.45			
<b>Ruten åben/Trail is open</b>	16.15			
<b>Team managers meeting</b>	17.00			

**Program – Søndag / Program Sunday**08:00–14:00 Registrering og nummerudlevering / *Registration desk open*



	<b>Start tid / Time</b>	<b>Time min.</b>	<b>Antal omg. / Laps</b>	<b>Startbox</b>
<b>Start 1</b>				
H40	09.00	75-90 min		1
H50	09.02	75-90 min		2
H60	09.02	60-75 min.		3
<b>Podie/Podium</b>	10.45			
<b>Start 2</b>				
Men B	10.45	75-90 min.		1
Men C	10.47	75-90 min.		2
<b>Podie/Podium</b>	12.30			
<b>Start 3</b>				
Elite W	12.30	90-105 min.		1
Junior W	12.30	60-75 min.		2
W B	12.32	75-90 min.		3
W +40	12.32	75-90 min.		4
W +50	12.32	75-90 min.		5
<b>Podie/Podium</b>	14.30			
<b>Start 4</b>				
Elite M	14.30	90-105 min.		1
Junior M	14.30	60-75 min.		2
<b>Podie/Podium</b>	16.15			

\*Notice that Juniouir Women start at the same time as Elite women. However, they start in a stall placed behind the first.

\*Notice that Junior Men start at the same time as Elite Men. However, they start in a stall behind them. The start order is the following order, as mentioned above. If nothing else appears in brackets, then the class starts 2 minutes after the previous start.

Sign up closes 30mins before your start time.

### 3.3 Registration procedure

Riders can preregister for the event online through the *Racing Kolding* homepage. The *Racing Kolding* homepage can be found at the Internet address [www.racingkolding.dk](http://www.racingkolding.dk)

At the online registration only with mobil pay or credit card payments of starting fees are possible.

Registration is also possible race day where riders can register at the race office. At race day cash and credit card payments of starting fees are possible.

### 3.4 Rider accreditation

Rider accreditation takes place at the race office, which is located at the start/finish area. For rider accreditation times please see section 3.2, Race program.

All riders will receive a race number plate, which must be placed on the handlebar of the bike, and number for the back of the riders.

Riders holding their own AMB type timing chip must present their chip at the rider accreditation, as the chip code (Tag Id) will be checked.

Riders not holding their own AMB type timing chip, will be appointed a chip.

All riders must pass the AMB chip check, to confirm the rider information's is correct.

It's the riders answer that it's correct information's.

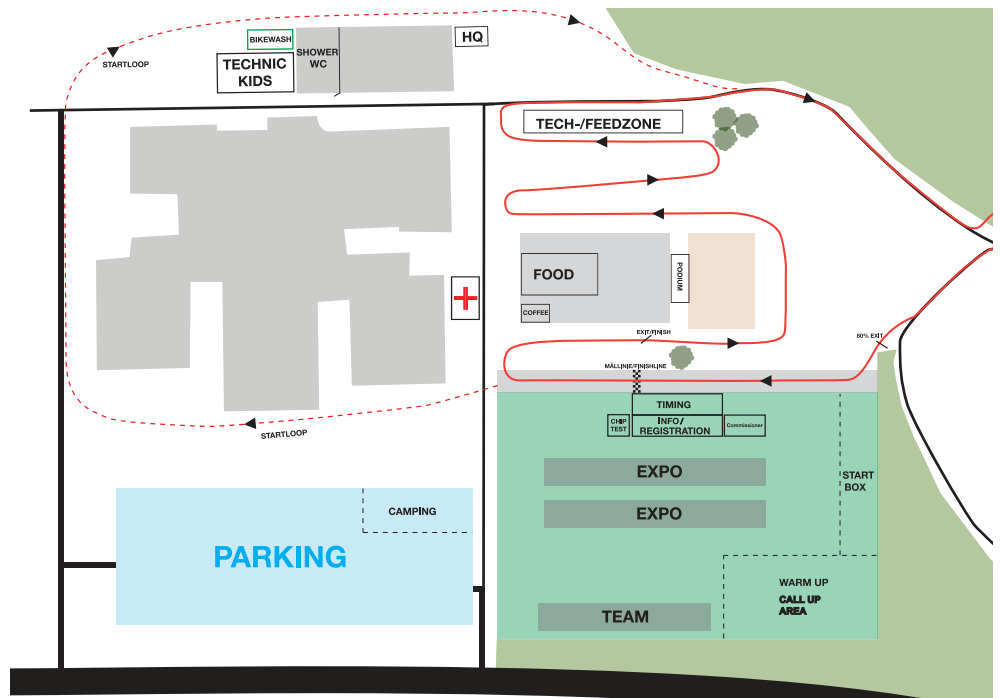
All riders entering UCI or DCU regulated rider categories must present a valid UCI license at the rider accreditation. Riders who can not present a valid UCI license will not be permitted to start.

### 3.5 Course description

The course in Marielundskoven is based on a 5.6km circuit and has app. 180 meters of climbing each lap, in beautiful forest surroundings. The track is a mixture of challenging single-track, forest path and gravel roads. There are high speed tracks which gives ground for high speed overtaking. The riders will ride pass the start/finish area one time each lap.

### 3.6 Start/finish area

The start/finish area is located at:  
Kolding Gymnasium  
Skovvangen 10  
6000 Kolding  
Denmark



There will be a start loop of approximately 800 meters, which leads the riders from the start/finish area back unto the course. The start loop will only be ridden once for each start.

### 3.7 Start procedure and timing

The riders will be started in groups according to the respective rider categories. UCI commissars will conduct and determine the final starting procedure.

The race will be timed using precise electrical timing equipment. Each rider is assigned a personal timing chip (Tag), which is registered each time the rider crosses the finish line after each completed lap.

### **3.8 Feed and technical zone**

There will be a dobb. feed and technical zone located the start/finish area.  
There will also be a feed and technical zone half way of the course.

The feed and technical zone will be clearly marked with signs, written in both Danish and English, and there will be entrance pass.

### **3.9 Course marshals and medical assistance**

Marshals will be positioned at specific locations along the course, to assure the safety of the riders and spectators. All marshals will be equipped with first aid kit and radio and cell phone communication to acquire medical or other assistance.

Trained medical staff will be located at the start/finish area and at specific locations along the course. The medical staff will be in direct contact with marshals along the course and with the medical response coordinator located in the race office at the start/finish area.

The nearest hospital is located 500 meters away at Skovvangen 2-8, 6000 Kolding.

### **3.10 Award ceremonies**

Award ceremonies will take place at the awards podium located at the start/finish area.

Award ceremonies will be held immediately after each individual race start in completed, taking into account the necessary time for riders to participate in possible doping testing.

### **3.11 Anti doping tests**

Facilities for anti doping testing will be available at:

Kolding Gymnasium  
Skovvangen 10  
6000 Kolding  
Denmark  
located at the start/finish area.

### **3.12 Arrival information**

The race venue is located in Kolding.

The address for the race venue is:

Kolding Gymnasium  
Skovvangen 10  
6000 Kolding  
Denmark

The race course is placed in the Marielund forest.

From the main north/south motorway E45 up through Jutland, there are only 3 kilometres along main roads to the race venue.

The main train station is located in the centre of Kolding, from where the race venue can be reached by public bus line. The distance to the city centre is only 2 kilometres.

The closest regional airport is Billund Lufthavn located 50 kilometres north-east from Kolding.

#### **Parking**

Parking will be available at the start/finish area at Kolding Gymnasium

### **3.13 Changing rooms and showers**

Changing rooms and showers will be located at the race venue.